

Senior Year & Beyond...

CLASS OF 2020

Mrs. Prange

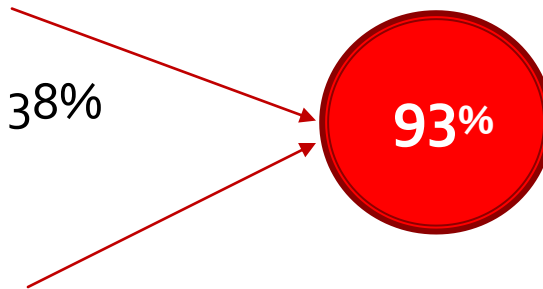
- Post-Secondary & Assessment Counselor
 - Resource to students and families
 - Connection to college admissions representatives
 - Assist in the college search and application process
 - A+ Coordinator
 - Organize assessments given at PCH and interpret results
 - PSAT, State/District ACT, AP exams
- Individual Meetings Available
 - 7:00 a.m. – 3:15 p.m. Monday & Friday
 - 7:00 a.m. – 4:15 p.m. Tuesday-Thursday
- Contact information:
 - NPrange@parkwayschools.net 314-415-7918

First Step → Graduate 😊

- ? Credits = Diploma
 - Senior Credit Letter
 - Coming via US mail next week!
 - Lists all requirements and what you still need to successfully pass *by May*
- Communicate with your counselor
(*Ms. Spraggins, Ms. Lange, Mr. Hussmann, Ms. Gerth*)
 - Questions
 - Special circumstances
 - Correspondence courses

Life after PCH

- What is your plan?
- PCH Matriculation Last Year:
 - 4 year College (78%)
 - In-state = 62%
 - Out-of-state/country = 38%
 - Private colleges = 25%
 - Public colleges = 75%
 - 2 year College (15%)
 - Gap Year (2%)
 - Military (2%)
 - Employment or Other (3%)



Phases of Transition to College

- Research
- *Apply*
 - *Complete and submit applications*
 - *Request transcripts*
 - *Send official test scores*
 - *Make arrangements for other required materials (recommendation letters and/or forms)*
- Assess finances and funding options
 - Complete the FAFSA (and CSS Profile, if necessary) → **October**
 - Submit scholarship applications → **Ongoing**
- Wait for decisions...
- Evaluate all options available
- Final decision made → **May 1**
- Campus orientations → **Summer**

NOW

Research

Still needing to decide where to apply?



Learn about schools

- On-campus visits
- College rep visits to PCH or STL area
 - Upcoming visits are listed in Naviance (60+)
 - Visits begin **NEXT WEEK**
- Upcoming College Fairs
 - Parkway Fair – 9/16 @ Queeny Park (6-8 pm)
 - HBCU Awareness Fair – 9/28 @ Harris-Stowe (11-2)
 - Performing & Visual Arts Fair – 10/7 @ Webster (6:30-8:30 pm)
 - National Fair – 10/20 @ SLU (1-4)

Finalize List

- Goal = by end of September
- Make a calendar of deadlines (as early as 10/15)
- Create a checklist of what each school wants
- Ensure all schools are in Naviance
- Is there variety in selectivity?
- A backup isn't a backup if you won't ever go!

PHOTO: JESSIE PILES//SPUR



Counseling

- Home
- School Profile
- Naviance Student (formerly Family Connection)
- New Student Registration
- A+ Program
- + Testing (ACT, PSAT, AP)
- Freshman Class
- Sophomore Class
- Junior Class
- Senior Class
- Transcripts
- Personal Plan of Study
- Progress Towards Graduation Checklist

Parkway Central Counseling Department

Counseling Phone Number: 314-415-7915

Counseling Fax Number: 314-415-7910

College admission representatives can now go to <https://repvisits.com> to schedule an appointment with our high school.

Department Assistants

Robin Vierling

rvierling1@parkwayschools.net
415-7915

Debbie Bailey

dbailey@parkwayschools.net
415-7967

Comprehensive Counselors

Erica Spraggins (A-E)

espraggins@parkwayschools.net


Tweets by @PCH_Counseling



 PCH Counseling Retweeted 

 **ACTStudent** 
[@ACTStudent](https://twitter.com/ACTStudent)

Have you registered for the September #ACT? Stay ahead of the deadlines. bit.ly/2Z3XJqQ



  Aug 1, 2019

 **PCH Counseling**
[@PCH_Counseling](https://twitter.com/PCH_Counseling) 

PCH students - are you registered for the "Career Slam" being held at PCH next Tuesday? Sign up today at mentors4college.org



Welcome to Naviance Student

The registration code is your student number. You will need a valid e-mail address to proceed.

Email

Password

Remember me

[Forgot your password?](#)

Login

[Need additional help?](#)

Are you new here?

[I'm a guest](#)

[I need to register](#)



Parkway Central High

369 North Woods Mill Road

Chesterfield, MO 63017-3329

p: (314) 415-7900

<https://www.parkwayschools.net/>

[Privacy Policy](#)

Upcoming Rep Visits to PCH

Colleges
→
Research
Colleges
→
**College
Visits**

Quick Links

MORE SEARCH OPTIONS

- SuperMatch®
- Advance college search
- College lookup

MY COLLEGES

- Upcoming college events
- Colleges match
- Colleges Visits**
- Colleges I'm thinking about
- Colleges I'm applying to
- Letters of recommendation

COLLEGE RESEARCH

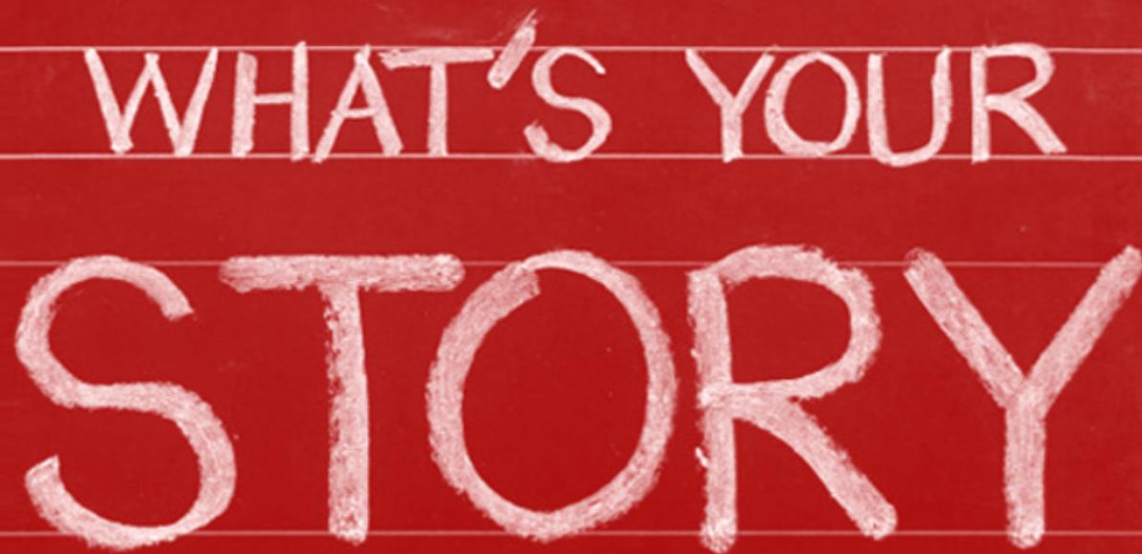
- Scattergrams
- College resources

College Visits Search for colleges

Month	Date	Time	College	Location	Action
AUGUST	Tue 27	08:00AM	University of Chicago	PCH Counseling	Register Now View Details
AUGUST	Tue 27	09:30AM	Gettysburg College	PCH Counseling	Register Now View Details
AUGUST	Fri 30	08:45AM	University of Kentucky	PCH Counseling	Register Now View Details
AUGUST	Fri 30	09:30AM	University of Missouri St. Louis	PCH Counseling	Register Now View Details
SEPTEMBER	Tue 03	10:15AM	High Point University	PCH Counseling	Register Now View Details
SEPTEMBER	Wed 04	11:45AM	Ranken Technical College	PCH Counseling	Register Now View Details
SEPTEMBER	Thu 05	11:45AM	Washington University in St. Louis	PCH Counseling	Register Now View Details

Apply

What colleges will use to make admissions decisions



WHAT'S YOUR
STORY

Application

- Submit Online – keep track of your username/passwords!
- Fees (\$0-\$75+)
 - **Waivers available** for qualifying students – see counselor
- Watch priority and established **deadlines**
 - For both admission and scholarship consideration
- Choose an application option
- Proofread before submitting. Spell-check isn't enough!

How Many Applications?

- **Reach school** – credentials may meet or are below published admission standards. (All “highly selective” schools should be considered a reach school for every student.)
- **Target school** – credentials are in published range
- **Academic safety** – credentials definitely meet or exceed published standards for the school
- **Financial safety** – school is an academic safety **and** meets your financial situation
- If you are planning appropriately, you should not need to apply to more than 7-8 schools.

Type of Application?

- School specific apps (Kansas, Illinois, Texas, UC system)
- Common App (800+ schools)
- Coalition App (140+ schools) – still new/growing
- Multiple options (Mizzou, Indiana, Bradley, Truman)
 - **YOU MUST INDICATE IN NAVIANCE IF YOU ARE USING CA OR NOT!**
 - **“Not” means your are applying “Direct to the Institution”**

Application Deadlines

- Early Decision
 - Sign contract that you will enroll if admitted
- Restrictive Early Action
 - Non-binding, but guidelines for applying early elsewhere
- Early Action (No contract/commitment!)
- Regular Decision
- Rolling Admission/"Priority" Deadlines
 - Ensure you are meeting scholarship deadlines

May

1



Welcome to STLCC

We are very excited
semester. Follow
be part of the ac

MIZZOU ADMISSIONS

You belong here



Submitting Applications

- As soon as your application is complete and accurate, feel free to submit!
- **Your transcript and recommendation letters do not have to be submitted for you to submit your application.**
- **Do not wait until the deadline** date (Nov 1) to submit - - give yourself cushion!

Naviance Student

(formerly Family Connection)

No Longer “Thinking About”

- Move from “College I’m Thinking About” to “Colleges I’m Applying To”

Colleges I’m thinking about 🔍 Search for colleges

[+ Add Colleges to List](#) [📊 Compare Me](#)

1 selected

[🔄 UPDATE INTER...](#) [🏠 MOVE TO APPLICATION L...](#) [🗑 REMOVE](#) * = extended profile available

College	Delivery Type	Added By	Expected Difficulty*	Application Deadlines	Interest
<input checked="" type="checkbox"/> Truman State University	CA	Student	N/A	Priority December 1	N/A



Naviance Student

- If you are using Common Application, you must “MATCH” your account.

The screenshot shows the Naviance Student website interface. At the top, there is a teal navigation bar with the Naviance logo and the text "Naviance | Student". To the right of the logo are navigation links: "Home", "Colleges" (which is underlined), "Careers", "About Me", and "My Planner". Below the navigation bar is a dark blue header area with the text "Colleges I'm applying to" on the left and a search icon followed by "Search for colleges" on the right. A prominent pink notification banner spans the width of the page, containing the text: "It looks like you are not currently able to apply to Common App schools. Match your Common App account to Naviance Student account to get started." To the right of this text is a white button with the text "Match Accounts". Below the notification banner, there is a white bar with several icons and text: a document icon with "Manage Transcripts", a clipboard icon with "Application Milestones", a bar chart icon with "Compare Me", and a red circular button with a white plus sign. At the bottom of the page, there is a small blue star icon with the text "= extended profile available" and a blue star icon with the text "REQUEST TRANSCRIPTS" and a trash can icon with the text "REMOVE".

Common App Match

Get Started with Common App

- Create a Common App account on [Common App Online](#) 
- Sign the Common App (CA) FERPA Waiver on [Common App Online](#) 

Match Your Accounts

Tell us the email address you are using for Common App and your date of birth.

Common App Email Address

Date of Birth

Match Accounts

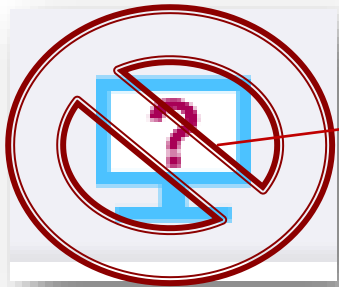
[I don't need this](#)

TIPS

These tips will help you successfully match your accounts.

- Make sure you use the **email address** that you chose for your Common App account
- Make sure that **last name** on your Naviance Student account matches the last name you used to create your Common App account.
- Make sure the **date of birth** on your Naviance Student account matches the date of birth on your Common App account.

Indicate Application Type



Bloomington		Decision						EDIT		
<input type="checkbox"/>	University of Kansas	RD	Regular Decision	-	N/A	No Request	Pending		Unknown ▼	
<input type="checkbox"/>	University of Miami	EA	Early Action	November 1	N/A	No Request	Pending		Unknown ▼	
<input type="checkbox"/>	University of Missouri Columbia	RD	Regular Decision	-	N/A	No Request	Pending		Unknown ▼	
<input type="checkbox"/>	Spelman College	RD	Regular Decision	-	N/A	No Request	Pending		Unknown ▼	
<input type="checkbox"/>	Tennessee State University	RD	Regular Decision	-	N/A	No Request	Pending		Unknown ▼	
<input type="checkbox"/>	The University of Texas, Austin	RD	Regular Decision	December 1	N/A	No Request	Pending		Unknown ▼	

No Request Pending **Unknown** ▲

Application: Have You Applied?

How are you applying? I'm not sure yet

Results: Unknown

Indicate Application Type

University of Missouri Columbia (MO)

Have you submitted your application?

I've submitted my application

Division

N/A

I'll submit my application

Via Common App

Direct to the institution

I'm not sure yet

College Deadline

No Date

App type

Regular Decision

EA? ED? Priority?

Result

Unknown

Waitlisted/Deferred

N/A

Interest

N/A

Format

N/A

Sending Transcripts

Transcript

- Level of success after 6 semesters
 - GPA (weighted, recalculated, core only)
 - Rank – Parkway does not rank! (0 out of 0)
 - Course selection – meet requirements by May
 - Rigor (AP, dual credit)
 - Senior year counts!
 - Maintaining rigor, level of success, and fulfilling admission requirements
 - WashU wants 6 week grades if you apply Early Decision 😊
- Later... {
- Midyear grades (January)
 - Final transcript (May)

Requesting Transcripts

- Step 1: Turn in the “green sheet” (Authorization to Release Records)
 - make sure you waived your FERPA rights to view letters/forms
- Step 2: Request transcripts in Naviance



Colleges I'm applying to Search for colleges

It looks like you are not currently able to apply to Common App schools.
Match your Common App account to Naviance Student account to get started. Match Accounts

[Manage Transcripts](#) [Application Milestones](#) [Compare Me](#) +

[+ REQUEST TRANSCRIPTS](#) [REMOVE](#)

+ = extended profile available

College	Type	Deadline	Expected Difficulty ⁺	Transcripts	Office materials	Submission Type i	Application
The University of	RD	Regular Decision	- N/A	No Request	Pending		Unknown v

Requesting Transcripts

What type of transcript are you requesting?

Initial

Mid year

Final

} Later...

What additional materials, if any, do you want included?

Unofficial SAT Scores

Unofficial ACT Scores

Where are you sending the transcript/s?

No Preference

Many schools will not accept scores from PCH as official

Select the colleges from your "colleges I'm applying to" list



Requesting Transcripts

- Step 3: Wait for processing
 - Transcript requests are processed within **3 SCHOOL days** if all required supplemental documents are ready for submission.
 - Transcript to non-Common App school - - will be sent within 3 school days
 - Transcript to Common App school - - will be sent once the Common App School Report has been completed by a counselor
 - Transcript to Common App school requiring teacher and/or counselor recommendation forms/letters - - will be sent once all recommendation letters have been uploaded
 - As long as you have requested at least 3 school days prior to a deadline, your documents will be submitted by the deadline
 - **NOTE: We do not have ANY school days during Winter Break!!!**

Sending Test Scores

Sending Test Scores

- If the college will accept test scores from PCH as official, you may request them to be included with your transcript. Note: Your entire test card will be submitted.
 - *MO State, Maryville, Bradley, Lindenwood, STLCC*
- If the college requires score be sent directly from the testing agency, you must log in to ACT and/or College Board and pay to send your scores (**\$13**).
 - *This takes 2-3 weeks, so order WELL before the deadline!!!!*
 - *If a college "superscores," you have to send all of the scores that are needed to create the highest composite.*

Test Scores

- ACT
- ACT plus Writing
- SAT
- SAT Subject Tests
- AP Exams
- Accuplacer– Community College
- TOEFL – International Applicants



actstudent.
org



Superscore?



collegboard
.org

- Test Optional Schools?
 - List is growing each year (850+) [fairtest.org](https://www.fairtest.org)

Completing My Application File

Resume

- 9th-12th grade
- Clubs, activities, organizations
- Honors, awards
- Part-time job
- Community service
- Leadership positions
- Family responsibilities



- Use for admissions/scholarship applications

Recommendation Letters

- Current perspectives (11th or 12th gr teachers)
- Speak of character, academic achievements and potential for collegiate success and community engagement
- Core teacher(s)
- **Ask in person** – don't just email request in Naviance
 - Follow up as deadlines approach
- Outside/additional recommenders
 - Coaches, research mentors, community leaders, employers
- Give **at least 3 weeks** notice (provide reminders)
- FERPA – colleges want to know that the letters have remained confidential
- Write thank you notes and give updates on status

Sending Teacher Recommendations

- Step 1: Sign FERPA waiver (on Common App and on your green sheet)
 - When you apply to a college which requires forms/recommendations, they ask you to waive your rights to view them!
 - You should do this...
 - This means you should never see your rec letters!
 - This means your teachers should never give you a copy!
- Step 2: Have a face-to-face conversation with the person(s) you'd like to write for you.

Sending Teacher Recommendations

- Step 3: Enter the recommendation request in Naviance


Colleges
→
Apply to Colleges
→
**Letters of
Recommendation**

Letters of recommendation

Your Requests

You can request new letters of recommendation and track the most recent status of your requests here.

[Add Request](#)

Recommendation For	Deadline	Recommender(s)	Status	Cancel Request
 Your recommendation requests will show up here.				

[Add Request](#)

Sending Teacher Recommendations

Letters of recommendation

Add new request

Here you can ask a teacher to write you a letter of recommendation. If you don't have any colleges in your list yet, you may still make a request. Make sure you give your teachers plenty of time to write your recommendations!

Cancel

Submit Request

1. Who would you like to write this recommendation?*

Select A Teacher

2. Select which colleges this request is for:*

- Choose **specific** colleges from your *Colleges I'm Applying To* list
- All current and future colleges I add to my *Colleges I'm Applying To* list ⓘ

3. Include a personal note to remind your recommender about your great qualities and any specifics about your request:

Example: "Thank you for agreeing to write for me! Just a reminder that my first deadline is Nov 1, and I will be sending you my resume."

3000 characters remaining

Cancel

Submit Request

Sending Teacher Recommendations

- Your teachers will see the deadlines for each college you have in Naviance
 - **If you have the deadline set for January, that is what they will plan for!** If you need to override a deadline for a special program, let me know and I can adjust on my end.
- If you have a Nov 1 deadline, you can submit your application on Sept 3, and your transcript and rec letters might be sent on Oct 21 (or vice versa). As long as everything makes it by the deadline, you're good!
- Provide gentle reminders and thank you notes

Counselor Forms & Letters

- A School Report Form is automatically **required** if you apply to any schools using Common App
- Request from a counselor
 - Could be your alpha-assigned counselor or me
 - “I’m applying to colleges using the Common App and would like for you to complete the required school report (and recommendation form). Do you think you would have time to do that by ___ (date)?”
- **If** you also want a full letter to be submitted by a counselor, you must complete the “**Counselor Recommendation Survey**” in Naviance.
 - Do you need something from your transcript or schedule explained?
 - Do you have information your counselor needs to share which you are not able to share elsewhere in your application?
 - Does your counselor have a perspective of you which is different from your teacher recommenders?
- Counselor must sign off on any Early Decision contracts, as well

Essays



"I want to show my colleges I'm well-rounded, so I wrote a poem in Spanish about how chess club has made me a better quarterback."

- Should be YOUR voice
 - Be careful of too much help/editing
 - Does the reader know more about you than before they read your essay?
- Try not repeating information already shared in application and/or resume
- Should stay positive - - even if referencing a traumatic event, focus on the triumph
- Remain on topic (you!) - - be sure the question has been answered

*2019-20 Common App Essay Prompts...

(250-650 words)

1. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story.
2. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
3. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
4. Describe a problem you've solved or a problem you'd like to solve. It can be an intellectual challenge, a research query, an ethical dilemma - anything that is of personal importance, no matter the scale. Explain its significance to you and what steps you took or could be taken to identify a solution.
5. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
6. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
7. Share an essay on any topic of your choice. It can be one you've already written, one that responds to a different prompt, or one of your own design.

“Every applicant has a unique story. The essay helps bring that story to life.”

Why College “X” Essay?

- Some colleges ask students to write about why they have chosen to apply to their institution - - this cannot be generic!
- Research is critical to answer this question
 - Exposure during campus visits
 - Conversations with admissions reps
 - Discussions with peers who attend
 - Share the specific classes you are excited to take, or the professors you can't wait to study under
 - Which clubs/activities on campus are you eager to join
- Don't say that you want to attend their school only because you love their sports team or their high ranking in your field of study!!

Student Athlete

- Please schedule appointment with me!
- Div I or II
 - Register with NCAA Eligibility Center
 - Check requirements for eligibility
 - Scale using **core GPA** and **sum ACT**
 - Geometry B is not an approved course for NCAA eligibility
 - Send official test scores from testing agency
 - Once registered, I will upload your transcript
- If you aren't being contacted by college coaches...
 - <http://new.berecruited.com>
- May not go on official school visit or sign national letter of intent for Div I or II until you have registered!



Visual/Performing Arts

- Portfolios
- Auditions
- Deadlines!
- May some times consider a special talent for admission even if non-degree seeking



Demonstrated Interest



- **Some** selective universities want to specifically offer admission to students who they are more confident will accept/attend.
- Show that they are the top choice by
 - Applying early
 - Scheduling an official campus visit
 - Making multiple (thoughtful) contacts
 - Getting to know the rep for PCH (local fairs, high school visits, evening events in STL)

Tips for Some Top Apps

- **Mizzou** – will not accept test scores from PCH; no rec letters or essays; application date no longer used to determine housing selection priority (watch for housing contract in Nov)
- **KU, Illinois, Purdue, UC schools** – do not request transcript - - self report grades now; want only final transcript (in May) if you choose to attend
- **Mizzou, Truman, Indiana & Wisconsin** – accepts Common App or school app, so you must indicate in Naviance which you are using
- Be cautious of invitations from colleges to apply -- are you a competitive applicant for that school?

Funding \$\$\$

How will we pay for this?



FAFSA

- www.fafsa.gov
 - Use this site ONLY! Applying is FREE.
- Use the 4caster tool to determine potential aid
- Apply for your FSA ID **now** (fsaid.ed.gov)
 - Electronic signature for you and your parent, so you will both need ID
- FAFSA will become available on **October 1**.
 - Use income information from **2017** to complete.

CSS Profile

- College Scholarship Service
- Utilized by several hundred **private** institutions.
- Use institutional methodology which differs from the calculation performed by the federal government.
- CSS Profile will become available on **October 1**.
- The CSS collects data and sends it directly to the college.
 - student.collegeboard.org/css-financial-aid-profile

Scholarship Opportunities

- School specific scholarships
 - Admission application or separate application?
- Local
 - Scholarship list in Naviance (50+) →
 - Scholarship Central (*under Links*)
- National
 - National Search in Naviance
- Websites/Apps
 - Create a separate email account for use on these sites

Colleges
→
Scholarships
and money
→
**Scholarship
List**

Need More Guidance?

- **PCH Financial Aid Night**
 - PCH Theater
 - September 10 from 6:30-8 pm
- **The Scholarship Foundation of St. Louis**
 - www.sfstl.org



A+ Program

- Enroll Now
- Requirements
 - Cumulative unweighted GPA of 2.5
 - 95% attendance
 - 50 hours tutoring (*may* include up to 25 Comm Serv)
 - PE Mentor, Art Mentor, Culinary Mentor, Math Aide, After-school Algebra tutoring!
 - Proficient or Advanced on Alg 1 EOC
 - Behavior/Citizenship (no major suspensions)
- Scholarship
 - Up to 6 semesters of tuition at any **MO Comm Coll**
 - May use this summer at STLCC for 2 free classes!
 - Some offers at **MO** 4 yr universities (Truman, MO State)

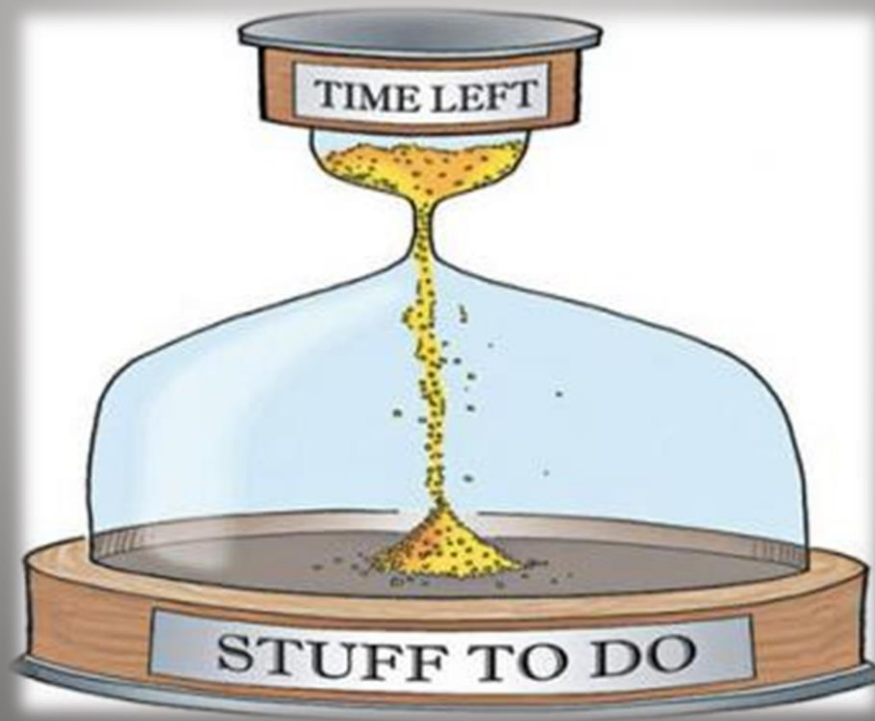
Decision Time

Where will you go?!



Resources & Next Steps

What should you do now?



Mentors 4 College

- Free program to help Parkway families on their college journey
- Volunteers assist with:
 - identifying best college fit
 - selecting colleges to which you want to apply
 - preparing your applications and essays
- Explore the program and sign up for a mentor at Mentors4College.org

Twitter

- Follow us on Twitter so you don't miss out on important dates, scholarships or events!

@PCH_Counseling

PCH Counseling Website

- Check for resources
- Presentations
- Link to current trends and conversations about college admissions
- Central High → Counseling
 - [Senior Class](#)

Prizes Anyone?

- Counseling will be doing “college door prize” drawings for all seniors who...
 - Have their “green sheet” signed and turned in by **FRIDAY!**
 - Are following us on **Twitter** by **FRIDAY!**
(**@PCH_Counseling**)
- Winners will be announced next week 😊

Final Thoughts...

“College is a match to be made, not a prize to be won.”

-Frank Sachs, Former President NACAC

Question to ask: It is a good fit academically, socially and financially?